



Fourth Year  
Date: 26/ 5 /2019  
Time: 3 hour



Benha University  
Faculty of Nursing  
C. H. Ng. Department  
Code: NUR 406

## Community Health Nursing Final Exam

All questions should be answered

(Total marks 80)

I- Choose the best answers: -

(20 Marks)

1- General factors of body resistance are:

1. Diarrhea
2. Fibroplast
3. Gastric juices
4. cough reflex

a)1.2.3.4

b)1.2.4

c)1.2.3

d)1.3.4

2- Principles of good Counseling include:

1. Give right amount of information
2. Counseling intervention
3. Treat each client well
4. respond to each client's own needs

a) 1.2.3.4

b)1.2.3

c)1.3.4

d) 1.2.4

3- Heat killed phenol preserved vaccine is given...

- a. Oral
- b. Subcutaneous
- c. Intravenous
- d. Intramuscular

**4- Rearrange these steps of counseling**

1. Rapport building
2. Goals setting
3. Counseling intervention
4. Provision of ongoing supportive counseling

a) 1.3.4.2      b) 2.4.3.1      c) 1.4.2.3.      d) 1..2.3.4.

**5- Scopes of community health nursing:-**

1. Ambulatory service setting
2. Occupational health settings
3. Residential institutions
4. Service to people with health problem

a) 1, 2 , 4      b) 1, 2, 3      c) 1, 3      d) 1, 2, 3, 4

**6- Tertiary prevention includes:-**

- a- Preventing loss of function in affected systems
- b- Monitoring health status
- c- Promoting adjustment
- d- Emphasizes on promotive services

**7- Rearrange community based rehabilitation matrix**

1. Livelihood
2. Social
3. Educational
4. Health

a)4,3,1,2      b)4,3,2,1      c)4,2,3,1

### 8- Components of community health practices:-

1. Prevention of health problems
2. Treatment of disorders
3. Rehabilitation
4. Satisfy a mandate

1) - 1, 2, 3

2) - 2, 3, 4

3) - 1, 2, 4

4) - 1, 3, 4

### 9- Common Droplet Infections:

1. Meningitis
2. Enterica
3. Parotitis
4. Varicella

a) 1,2, 4

b) 1,3,4

c)1,2,3,4

d) 2,3.4

### 10- Types of hazardous foods:-

1. Inherently harmful foods
2. Contaminated foods
3. Foods with toxic additives
4. Complementary foods.

a) - 1, 4, 3

b) - 1, 2, 3

c) -2, 3, 4

d) - 1, 2, 3, 4

### 11- The nursing roles in disaster management:-

1. Health promotion
2. Community assessment
3. Diagnosing and reporting
4. Providing preventative measure

a) - 1, 2 , 4

b) - 2, 3,4

c) - 1, 3

d) - 1, 2, 3

**12- Aims of school health services include:**

1. To enhance overall health.
2. Early detection of disorders.
3. Inappropriate treatment.
4. Prevention and control of communicable disease.

a) 1,3,4    **b) 1,2,4**    c) 2,3,4    d) 1,2,3,4

**13- Factors that contribute to violence:**

1. Intolerance and ignorance
2. Increase emotional support
3. Media
4. Access to firearms

a) 1,2,3    **b) 1,3,4**    c) 2,3,4    d) 1,2,3,4

**14- The basic rules for effective sending include:**

1. Keep the message honest and uncomplicated
2. Use as many words as possible to state it
3. Ask for reactions to make certain understood
4. Message must be clear to the learner

a) 1,2,3    **b) 1, 3,4**    c) 2,3,4    d) 1,2,3,4

**15- Preventive rural health services that include:**

1. laboratory services for simple investigation
2. family planning program
3. control of endemic diseases
4. maternal and child health services

a) 1,2,3    b) 1,3,4    **c) 2,3,4**    d) 1,2,3,4

**situation(I):** During your field work as a community health nurse at home visits programs you observe one older adults named Mr. Mohamed 75 years old, setting lonely while he lived with his sons and nephew and having newly amputation of the right feet from three months age according this situation answer the following questions

**16-Type of this family is**

- a- Nuclear family
- b- Extended family**
- c- Single parent family
- d- Step family

**17-the problem of this family is**

- a- Poor development of family member
- b- Ineffective coping with problems**
- c- Ineffective structure relationship
- d- unestablished regular link with broader community

**18- The importance of treatment for Mr. Mohamed is**

- a- Reliving tension
- b- Encouraging insight**
- c- Building trust
- d- Building respect

**19-Mr. Mohamed needs**

- a- Recreational activity
- b- Counseling session**
- c- Psychological support
- d- Medical treatment

**20-The role of community health nurse for Mr. Mohamed is**

- a- Taking history personal and family data
- b- Listen to him and their problems**
- c- Assisting in medical examination
- d- Provide medication prescribed

**II- put (T) if the statement is correct and (F) if the statement is wrong ( 15 Marks)**

	Statement	answer
1	Provision of drugs is not the essential element of primary health care	f
2	Infant and child priorities is elevation of neonatal tetanus	f
3	Rebuilding a community can take place during response stage	f
4	Pandemic is a disease or condition which spread rapidly and affect many people at the same time	f
5	Primary prevention focus on health promotion and risk factor modification	t
6	Town meetings are a quantitative assessment method	f
7	Poverty has been shown to lead an exclusion from services of disabled people	t
8	social justice of community based rehabilitation should join in the mainstream of all member in the community	f
9	Family role is a part of family function	f
10	School health program provides curative services to school students	t

11	Community based rehabilitation is a strategy for enhancing the quality of life of disabled people by equitable opportunities	t
12	A survey is an assessment method to examine the distribution of a disease or health condition in a group of population	f
13	Counseling is an information which provided to increase the client's knowledge	f
14	School nurses identify children with communicable diseases and exclude them from school as policies indicates	f
15	Cattle are the most common source of B.abortus causing bovine brucellosis	t

**I- Match the correct answer in column (A) with corresponding answer in column (B)** (10 marks)

	column (A)		column (B)
1	Hazard	a	defiling the environment to the extent that is negatively affects people health
2	Ecological perspective	b	Refers to epidemic occurs through the world
3	Pollution	c	Criminal acts that are seen to have been motivated by bias
4	Pandemic	d	potentially damaging physical events phenomenon or human activity
5	Blended family	e	Total relationship between people and their environment.

6	outbreak	f	Refers to epidemic occurs in small confined area
7	Compound family	g	A combination of two families with many children
8	Disaster	h	The intentional use of physical force against oneself or another person
9	Hate crime	i	Man with several supposes
10	Violence	j	a serious disruption of the function of the community

1	2	3	4	5	6	7	8	9	10
d	e	a	b	g	f	i	j	c	h

**IV- Complete the following: - (20 Marks)**

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**1- Measures for prevention and control of communicable diseases among school children**

- 1- Healthful environment
- 2- Immunization
- 3- Daily observation of the student for early detection of any disease
- 4- Providing education about health issue and promoting health living habits
- 5- Referral if necessary



- 6- Identifying children with communicable disease and excluding them from school
- 7- Readmission to school after sickness, the child should be examined by the nurse before readmission to school
- 8- Care of contacts
- 9- Care of absence
- 10- Food handler should be examined yearly

**2- Key qualities of counselor are:**

1. Personal warmth
2. Genuineness
3. Empathy
4. Intuition
5. Patience
6. Honesty
7. Hope
8. Courage
9. Sense of humor
- 10. Self-awareness**

**3- Objectives of health education include::**

- 1- ...To inform people about promotion of health and prevention of disease
- 2- To motivate the public to follow sound health behavior and show active participation to solve health problem

- 3- To change faulty traditional beliefs, practice and behavior related to health
- 4- To promote the development and proper use of health services
- 5- To reduce undesired risks of disease and illness

**4-Effect of disaster on individual is:**

- 1- Sustain injuries
- 2- Physical effect as bone muscle, and joint injury
- 3- Stress related symptoms as
- 4- Emotional effect such as depression.....

**5-Tertiary prevention in the work setting is:**

- 1) Preventing the spread of communicable disease through immunization
  - 2) Prevention the recurrence of other acute condition
  - 3) Preventing complication of chronic condition
  - 4) Provide rehabilitation program
- 1-

**V- Situation**

**(15 marks)**

During your field work as a community health nurse in school setting, you observe one student having signs and symptoms of influenza, after

investigation the students diagnosed h1n1 influenza; according this situation discuss the role of school nurse according three level of prevention

### **Primary prevention for contact**

### **Secondary and tertiary for diseased student**

## **GOOD LUCK**

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