



Benha University
Faculty of Nursing
Code:Nur٣٠٥

Date:٥/١/٢٠٢٠
Time:٢ hours
Total Marks:٤٠
Pages no:٦

Final Term Health Education & Learning Strategies Exam
١st Semester
Academic Year ٢٠١٩\٢٠٢٠

I. Multiple choice questions: (١٠ Marks)

١. All the following considered good activities of patients' treatment

Except:

- A- Being welcoming & discreet, show humility, listening attentively and sympathizing.
- B- Choosing most appropriate words, Gentle handling, do not embarrass the patient.
- C- Reduce physical and psychological suffering, fairness with discrimination, and commit socially forbidden acts.
- D- Refrain from arrogance, mocking, and sarcasm and Respect the patients' points of view.

٢. Needs assessment will enable the nurse to do the following activities

Except:

- A- Plan interventions and deliver the most effective care to those in greatest need.
- B- Apply the principles of equity and social justice in practice.
- C- Ensure that scarce resources are allocated where they can give maximum health benefit
- D- **Work uncooperatively with other to determine which health issues cause greatest concern**

۳. The Adult woman has the right to give acceptable and sufficient consent in the following conditions **Except:**

- A- **If the patient can give an informed consent**
- B- In any medical interventions
- C- For what is related to reproduction.
- D- In emergency and life-threatening conditions.

۴. School health program are revolve around the following themes **Except:**

- A- Knowing body, Food and Nutrition
- B- Personal and environmental hygiene
- C- **Being responsible and unsafe**
- D- Physical fitness, behavior and life skills section

◦. All the following are benefits of health needs assessment Except:

A- Strengthening community involvement in decision making

B- Decrease team and partnership working

C- Improve communication with other agencies and the public

D- Better use of resources, services and people.

∩. All the following duties of healthcare practitioners towards patients

Except:

A- Good treatment and reassurance of patient

B- Achieving patient's interest and guarding his/hers rights

C- Maintaining patient's secrets, confidentiality and consent

D- Avoid dealing with patients who refuse a medical procedure

∪. The most common correct definition for health ?

A- A state of physical, mental and social wellbeing.

B- Means normal cellular make up.

C- **A state of complete physical, mental and social wellbeing and not**
merely an absence of disease or infirmity.

D- A state of well being in which the individual can cope with normal stresses of life.

∧. Which of the following theories refers to biomedical concept of health?

A- Germ theory of disease.

B- Maslow theory.

C- Orem theory.

D- statistical based theory.

9. The correct definition to ecological concept of health is?

- A- Absence of microorganism that is responsible for illness.
- B- Health has been viewed as an "absence of disease".
- C- **Health is a dynamic equilibrium between man and his environment.**
- D- Health is absence of problems due to environmental pollution.

10. All of the following are correct regarding characteristics of self actualized people except ?

- A- Are spontaneous.
- B- Problem-centered.
- C- Have an increased perception of reality.
- D- **Depending on other people.**

II. True or false (10 Marks)

Read the following statements carefully and circle the letter (T) if the statement is true and the letter (F) if the statement is false.

Statement	T	F
1. Health mean sound body ,sound mind and sound function of body	T	
2. Physical health mean adequate body weight ,height and circumference as per age and sex only	F	
3. Mental health is the state of unwellbeing in which the individual unrealized his own abilities	F	
4. Natural history of disease refers to the course of disease over a period of time ,unaffected by treatment	T	
5. An individual is socially healthy if he is able to maintain harmonious relationship with other members of society.	T	

Statement	T	F
٦. Self-actualization is overall attitude toward self.	F	
٧. Professional ethics are Guidelines derived from the values and principles concerned with the modalities of proper conduct when practicing healthcare profession.	T	
٨. Self esteem includes confidence, achievement, respect of others, and a need to be a unique individual	T	
٩. Needs are categorized into a hierarchy, in which certain needs must be met before others	T	
١٠. Patients' consent is made voluntarily at the time of intervention without pressure	T	
١١. The concept of “need” incorporates those needs felt and expressed by local people as well as those defined by professionals	T	
١٢. Skills or abilities mean what aren't people must know in order to perform a job.		F
١٣. During patients' reassurance should give enough time to understand, express feelings and forcing them to finish		F
١٤. Knowledge is what people need to know, such as subject matter, concepts, or facts, in order to do a job.	T	
١٥. In emergency and life-threatening conditions, the woman's consent isn't sufficient		F

III- Matching

٥marks

Match the definition in column (I) with the correct word in column (II)

Column A	Clumn B
١-Healthy body mean it should confirm to normal anatomical structures.	a-Ageneticist
٢- A state of social dysfunction too.	b-Pathologist
٣- It mean normal cellular make up	c- Sickness

ξ-It mean normal biochemical levels	d- Biochemist
ο- It means correct existence of genetic potential	e- An anatomist

ι	ϒ	ϣ	ξ	ο
e	c	b	d	a

IV- Write scientific term (ο marks)

ι.....Health..... is a holistic model, emphasizing the social, economic and cultural factors that affect health as well as individual behavior.

ϒ..... Competencies are the knowledge, skills, attitudes, values, motivation, and beliefs that people must have in order to be successful in a job.

ϣ..... Healthcare practitioner ...A qualified person who directly provides or helps in providing healthcare to patients.

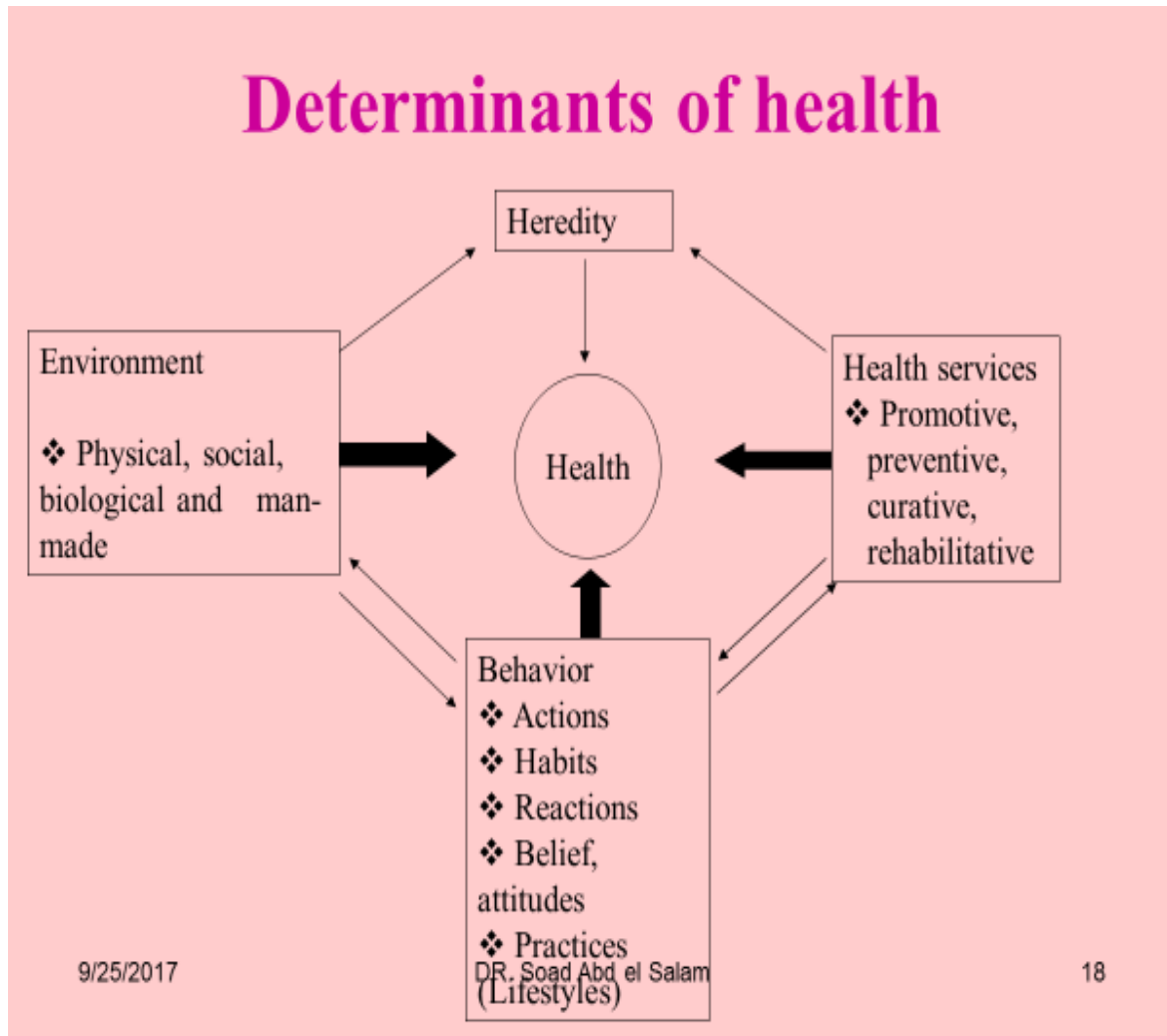
ξ..... health education Process which affects changes in the health practices of people and in the knowledge and attitude related to such changes.

ο.....Gap..... is the difference between what is and what should be. (what results are) vs. (what results should be)

V-Complete the following (ο marks)

Draw Diagram show determinates of health?

(°)



Good Luck

Staff of Health Education and Learning Strategies Course

Prof. Dr. Soad Abd EL-Salam

Professor of Obstetrics & Gynecological Nursing

Dr. Amal Saied Taha

Assistant Professor of Medical Surgical Nursing

Dr. Howida Hassan EL-Sayed Mahfouz

Lecturer of Nursing Administration