**Benha University Date: //2017**

**Faculty of Nursing Time: two hours**

**Third Year/first semester code:NUR105**

**(Total Marks: 40)**

**Health education exam**

**Model answer**

1. **Choose the best answer *(13 Marks)***
2. **………..is a collection of behaviors that make up a person's way of life including diet, clothing, family life, housing and work :**
3. Tradition
4. Life style
5. Attitude
6. None of the above
7. **-…………………….is the factors that affect human behavior that provide the rationale or motivation for the behavior to occur as knowledge, belief and attitudes.**
   * 1. Predisposing factors
     2. Reinforcing factors
     3. Enabling factors
     4. All of the above
8. **……………includes preventive measures that lead to an early diagnosis and prompt treatment of a problem before it become serious** 
   * + 1. Primary prevention
       2. Secondary prevention
       3. Tertiary prevention
       4. None of the above
9. **Health education is………………social education activity**
10. A systematic
11. Un systematic
12. A system
13. Un systemic
14. **Health education makes people adopt**
15. Changes health behavior
16. Conductive life
17. Health behavior
18. Understand health
19. **Health education encompasses**
20. Social health
21. Solicitous health
22. Solidarity protection
23. Social protection
24. **The principles health education include proceeding from the known to unknown e.g**

a. Start with new knowledge

b. Start with level of understanding

c. Start from old knowledge

d. Start where the people are

**8- Communis means;**

a. A common ground of understanding

b. A common ground of behaviors

c. A common ground of standing

d. A common ground of understate

**9-……………………..Are communicated ideas and attitudes**

a. Non verbal messages

b. Verbal messages

c. Sending messages

d. Direct messages

**10- When planning a health education program the first step is to**

1. Define & Prioritize problem
2. Gather information to find out the present situation
3. Identifying & obtaining resources
4. Setting goals& objectives

**11- Health education efforts must be based on clear understanding of**

1. Size of community & kind of resources exist
2. Localization of existing schools & health facilities as well as transportation routes
3. All of the above
4. None of the above

**12- The best statement of the objective of health education program has to describe**

1. What & how much change you want
2. For whom you want change & by what time
3. B only
4. A& B

**13- The plan of action shouldn’t include**

1. Objectives & list of activities as well as person in charge
2. Resources
3. Target date
4. Plan work progress
5. **True or false questions:*( 8 Marks)***
6. Behavior is an action that has a specific frequency, duration and purpose whether conscious or unconscious **T F**
7. Output evaluation reviews the quality and numbers of people trained to see if they meet standards and the targets set during the planning process **T F**
8. Health communication contributes to better health for all community **T F**
9. the basic rules for effective sending include using a few words as possible to state it **T F**
10. It is sufficient only to reach people in the community is to know the formal and informal channels **T F**
11. Observing and talking to people as well as reading reports& official documents are considered informal ways to gather information about the community  **T F**
12. When defining specific health problems it is not essential to involve community members  **T F**
13. The educational objective for a program against measles could be formulated as (no children will die from measles) **T F**

**III- Complete the following :(19 marks)**

**1-Types of groups (2 marks)**

a.formal groups

b. informal groups

**2-The common two methods used for group education (2 marks)**

a. group discussions

b. meetings

**3-Non-prjected materials (aids) or graphics includes (4 marks)**

a. leaflets

b…news papers

c…photographs

d…posters

**4-what are the three sets of communication skills? (3 marks)**

1. Sending skills
2. receiving skills

.c. interpersonal skills

**5- The basic principles of ethics (4 marks)**

a…the principle of autonomy

b… the principle of beneficence

c… the principle of justice

d… the principle of truth telling

**6- List health worker responsibilities as a health educator (4 marks)**

1. Affirm an equal right, believing that health is a basic human right for all
2. Provide people with relevant and accurate information to make their choices freely
3. Be advocate for healthful change and speak outon issues deleterious to public health
4. Avoid and take appropriate action against unethical practices
5. Respect privacy , dignity and culture of the individual and community
6. Share their skills, experience and vision with their clients
7. Observe principles of informed consent and confidentiality of individuals
8. Maintain their highest level of competence through continued study , training and research

**Good luck**

**د** . **هناء عبد الجواد**

**د. مروة مسعد على**

**د. راوية عبد الغنى**