



Fourth Year

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Time: 3 hours

Course code No. 406



Benha University

Faculty of Nursing

C. H. Ng. Department

Final Exam of Community Health Nursing.

(Total marks 80)

I- Put (T) if the statement is true and (F) if the statement is falls.

(5 Marks)

1	The first category of homelessness may result from lack of education and obsolete job skills	T	F
2	Comprehensive school health program deals with emotional heath of the students	T	F
3	disability prevents the person from taking on roles which is appropriate to his sex and age	T	F
4	Developmental screening is a brief formal evaluation of developmental skills of children	T	F
5	Community based rehabilitation seeks to change negative attitudes of individuals and society toward disability.	T	F

II- Choose the best answer

(30 Marks)

1-Children who live in a home where violence takes place between their parents are more likely to be abused themselves due to

- 1- Lack of social support
- 2- Problems with substance abuse
- 3- Strain or economic resources of the family
- 4- Lack of physical support

a)- 1, 2,4 b)- 2, 3, 4 c)- 1, 2, 3 d)- 1, 3,4

2- The principles of giving care to families who are experiencing violence are

- 1- Intolerance for violence
- 2- Respect and caring for adult family members
- 3- Safety as the first honesty
- 4- Empowerment

a)- 1, 2, 3 b)- 2, 3, 4 c)- 1, 3, 4 d)- 1, 2, 4

3- The most useful categories of educational principle include

- 1- The nature of learning
- 2- The events of instruction
- 3- Guidelines for the effective educator
- 4- Presentation of content

a)- 1, 2, 4 b)- 2, 3, 4 c)- 1, 2, 3 d)- 1, 3, 4

4-Core of communication skills

- 1- Sending skills
- 2- Receiving skills
- 3- Interpersonal skills
- 4- Writing skills

a)- 1, 2, 3 b)- 2, 3, 4 c)- 1, 3,4 d)- 1, 2, 4

5-Prevention of disability includes all the following:

- 1- Advanced medical care
- 2- Late identification
- 3- Secondary prevention
- 4- Tertiary prevention.

a)- 1, 2, 3 b)- 1, 3, 4 c)- 2, 3, 4 d)- 1, 2, 4

6- The most common problems associated with Toxoplasmosis include:

- 1- Cataracts
- 2- Jaundice
- 3- Accumulation of fluid in the brain
- 4- Central nervous system damage.

a)- 1 , 2, 3 b)- 1, 3,4 c)- 2, 3, 4 d)- 1,2,4

7- All the following are complications of mumps

- 1- Orchitis
- 2- Parotitis
- 3- Pancreatitis
- 4- Mastitis

a)- 1 , 2, 3 b)- 1, 3,4 c)- 2, 3, 4 d)- 1,2,4

8-The primary night-time residency for homeless population are:

- 1-A supervised publicly or privately operated shelter
- 2-A public or private places used as regular sleeping accommodation
- 3- Supportive and emergency housing
- 4-An institution that provides a temporary residence

a)- 1, 2, 4 b)- 2, 3, 4 c)- 1, 2, 3 d)- 1, 3, 4

9-Factors contribute to the increasing numbers of homeless persons include

- 1- Institutionalized mentally ill individuals
- 2- People living in poverty
- 3- Domestic violence
- 4- Gentrification of neighborhoods

a)- 1,2,3 b)- 1,3, 4 c)- 1,2,4 d) 2,3,4

10-The objective of school health program can be achieved by:

- 1-Health education
- 2- Omit of pupil and teachers in community education
- 3- Comprehensive health care
- 4- Safe and healthy school environment

a)- 1,2 ,3 b)- 1,3,4 c)- 2,3 ,4 d)- 1, 2,4

11-Psychological and emotional needs of elderly people include:

- 1-Need for belonging intimacy
- 2-Need for purpose in life
- 3-Need for advising and teaching others
- 4-Need for security

a)- 1,2,3 b)- 1,3 ,4 c)- 2,3,4 d)- 1,2,4

12-Community support services for elderly people:

- 1-Senior citizen centers
- 2-District nursing services
- 3-Emergency services
- 4-Meals on wheels

a)- 1,2,3 b)- 1,3,4 c)- 1,2,4 d)- 2,3,4

13-The information system for the school health has the following objective

- 1- To assure health of children when entry and each level they are
- 2-To monitor the work load of school health staff
- 3-To ensure the school health has an adequate portable water supply
- 4-To monitor health education being provides

a)- 1,2,3 **b)- 1,2,4** c)-1,3,4 d)- 2,3,4

14-To control hazards in the school setting you must ensure that:

- 1-The school should be built away from source of noise
- 2- The school facilities should be adequate
- 3-Health education should be included in the curriculum
- 4-Food supply should be safe for all children

a)-1,2,3 **b)- 1,2,4** c)-1,3,4 d)- 2,3,4

15- The role of community health nurse should include

- 1- Patient centered care
- 2- Focuses on wellness
- 3-Monitors the quality of services
- 4-Provide physical care

a)- 1,2,3 b)- 1,2,4 c)-1,3,4 **d)- 2,3,4**

16-Function of community health nurse is effective when

- 1-Measuring and monitoring the health status of the community
- 2-Determining present and future decisions affecting the public health
- 3-Establishing policies into services
- 4-Neglect rules of public health in services

a)- 1,2,3 b)- 1,2,4 c)-1,3,4 d)- 2,3,4

17- The essential elements of PHC are:

- 1-Appropriate treatment of common diseases and injuries
- 2-Appropriate technology that the people can use and afford
- 3-Adequate, safe water supply and basic sanitation
- 4-Provision of essential basic household drugs

a)- 1,2,3 b)- 1,2, 4 c)- 1,3,4 d)- 2,3,4

18- The primary health care principles include:

- 1- Community participation.
- 2- Appropriate technology
- 3- Accessibility
- 4- Acceptability

a)- 1,2,3 b)-2, 3,4 c)- 1,3,4 d)- 1,2,4

19- The role of community health nurse in secondary prevention include:

- 1- Provide health education for individuals to promote their health
- 2- Provide health education for individuals based on their diagnosis
- 3- Help patients to participate in their care
- 4-Participate with the health team in providing care

a)- 1,2,3 b)-1, 3,4 c)- 2,3,4 d)- 1,2,4

20-Which of the following is the factor which affects normal family function.

- 1-Coping and stress tolerance.
- 2-Adequate safe water supply.
- 3-Previous life experience.
- 4-Economic resources.

a)- 1,2,3 b)-2, 3, 4 c)- 1,3,4 d)- 1,2,4

21- Workers in construction company high risk for

- 1- Chest diseases
- 2- Malnutrition
- 3-Traumatic injuries
- 4- Allergic diseases

a)- 1,2 ,3 b)-2, 3,4 c)- 1,3,4 d)- 1,2,4

22- Which of the following is the sexually transmitted disease caused by virus

- 1-Genital warts
- 2- Hepatitis C
- 3-Trichomans vaginals
- 4- Genital herpes

a)- 1,3,4 b)- 1,2,3 c)- 1,2,4 d)- 2,3,4

Situation1:

During your home visits at Azbet El-Morabh village, you met Nahed, adolescent girl was suffering from depression due to the death of her father, she was advised by physician to receive 3 counseling session for treatment of her psychological health status, as a community health nurse select the best answer:

23-The type of counseling session which Nahed needs is

a-long –individual session

b-Short –individual session

c-Short group session

d-long –group session

24-The frame of references in caring for Nahed based on

a-Client herself

b-Family situation

c-Counselor him self

d-Situational analysis

25-The objectives of counseling for Nahed are

a-Empowering Nahed to help herself

b-Accepting Nahed as she are.

c-Encouraging Nahed insight

d-Directing Nahed to take actions

Situation2:

Mr. Anour's family lives in kafer Elgazar village, he is 55years old and working in Electronic industry, he complains from upper respiratory tract symptoms such as cough, dyspnea, and restlessness. Anour's family is consists of two children their age between 2 and15 years, his wife is cardiac patient. You are a community health nurse and applied home visit technique toward this family

26-What is the first step you must do for this family

a-Promote nurse client relationship

b-Entry to the home

c-Referral

d-Pre-visit activities

27- The pre-visit activities for home visiting are:

a-Gathering information

b-Accepting the client

c-Explaining the reason for the visit

d-Observing the home environment

28-The probability of medical diagnosis for Mr. Anour is

a-Pneumonia

b- Bronchitis

c- Respiratory problems

d- Emphysema

29- The most important needs of this family

a-Identify the health problems

b-Increase family awareness toward health

c- Receive proper treatment

d-Maintains of health

30- The secondary prevention for Mr. Anoura's wife includes

a-Identify the health problems

b-Achieve access to curative services

c- Increase adjustment to her condition

d- Increase awareness toward stress management

III- Complete the following: -

(21 Marks)

1- Major health problems in Egypt are:

- a)-Over population
- b)-- Air pollution
- c)-- Water pollution
- d)- Deforestation, wetlands destruction and desertification
- e) Inadequate housing
- f) Unhealthy or contaminated food
- g) Waste disposal
- h) Exposure to toxic chemicals
- i) Exposure to radiation
- j) Injury hazards
- k) Exposure to noise pollution
- l)Exposure to biologic pollutants
- m) Psychological hazards

2- Nursing responsibilities during immunization

- a) Proper storage of the vaccine to protect its potency and institution of recommended producers for injection.
- b) For protection against light the vial can be wrapped in aluminum foil
- c) Periodic checks are established to ensure that no vaccine is used after its expiration data.

- d) Another important nursing responsibility is accurate documentation
Each child should have an immunization record for parent to keep.
- e) Any adverse reactions after the administration of any vaccine should be reported to the physician.

3- Methods of community assessment :

- a)--- Windshield survey
- b)- Information interviews
- c)- Participant observations
- d)-- Secondary data
- e)--- Constructed survey

4- Basic procedures for any program that provides personal protective equipment to employee

- a) The hazards must be evaluated to ensure that the equipment will be appropriate
- b) The equipment itself must be checked to see that it meets all applicable government standards of manufacture
- c) Employees must be informed of the hazards involved and be trained in how to wear protective equipment and maintain it properly
- d) Supervisors must be trained to ensure that the protection is worn at all times when it is needed
- e) Warnings must be posted to inform everyone of the need for protection.

5- Environmental factors which hinder the rural development are:

a) Cultural Factors

b) Educational factors

c) Occupational factors

d) Social factors

e) Medical factors

f) Environmental factors

g) Historical development of rural health services in Egypt